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## Jack of all trades starts business

By **Susan L. Wagner**/ Staff Writer  
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**S**he tops off at about 4 feet, 8-1/2 inches and weighs somewhere between 80 and 90 pounds.

"But," said Wayland's Shivaun Pryor, "I'm much stronger than I look."

She needs to be because her new undertaking will require both physical strength and stamina. Last December, Pryor decided to establish her own business venture, "Personal Shopper and More."

The idea, she said, just came out of the blue.

"I decided that this would be something people could really use. Everyone's so busy - they don't have time to do the things they want to do."

As indicated by the first part of her company name, Pryor is happy to help out with grocery shopping, drug store pickups, library dropoffs and other assorted errands. As for the "and more" part, she's also willing to help out at parties, organize rooms/cabinets/refrigerators in your house, lend a hand with spring cleaning and holiday decorating, polish your silver, pet and child sit, walk your dog, do crafts with people, wait for the cable guy and other service personnel to show up, do laundry and iron, pitch in with light gardening chores, and undertake large mailings such as for Christmas cards.

She'll work alone, or she'll be a helper as you go along.

"Are you," she asks, "basically a person with a longer 'to do' list than the time to do it?" If so, she wants to help you de-stress your life and have more fun.

Pryor has lived in Wayland for all of her 41 years and has had a varied career. While still in school (she graduated from Wayland High School in 1984), she provided child care for families in her hometown as well as in Sudbury, Weston and Lincoln. She put in 10 years at the Massachusetts Audubon Society in Lincoln as both a paid and volunteer office worker. While there, she also completed the society's guide training and led educational demonstrations for the public on such topics as animal husbandry, ecology and natural history.

More recently, she worked at the Concord Hillside Medical Associates and Arena Farm Stand - both in Concord - and at Donelan's Supermarket in Lincoln.

She's also been an enthusiastic volunteer - for the Wayland chapter of the League of Women Voters, Emerson Hospital in Concord and the Buddy Dog Humane Society in Sudbury.

Pryor's rates are as follows: the basic fee for individuals is \$15 per hour; for seniors, it's \$13 (and "if you think you are a senior, you are," she said.), and \$20 per hour for businesses. She will also charge 35 cents per mile for gas if she has to drive on your behalf. She also has gift certificates available.

People for whom Pryor has worked in the past are uniformly enthusiastic about her.

According to Marilyn Walter of Wayland, who employed her as a cat-sitter, "Not only was the animal well cared for as far as feeding and the litter box were concerned, Shivaun gave a lot of 'TLC.' She truly does love these little fur balls."

Fellow Wayland resident Ellen Marashio, who used Pryor's babysitting services, praised her for her reliability.

"She was very, very dependable, up front and honest. It was great having her here."



And Norma Wentworth, who was Pryor's supervisor at Hillside Medical, singled out Pryor's outstanding work ethic.

"Whenever there was something to be done, she did it. And when she was finished, she always asked if there was something else," Wentworth said. "She was always working. She's one of the nicest people I know, and she's very artistically talented. I love getting her Christmas cards, which she makes herself. They're really beautiful."

To contact Pryor, call 508-358-7957 or e-mail "ShivaunCP@aol.com"



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